

Counter-bullying efforts in the perspective of islamic education critical analysis of the animated film a silent voice

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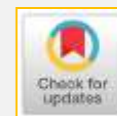
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ABSTRACT

This research looks at various counter-bullying efforts in films. The aim of this research is to describe counter-bullying efforts and the perspective of Islamic education in counter-bullying efforts in the 2016 animated film A Silent Voice by Naoko Yadama. This type of research uses library research with qualitative research methods and a content analysis technique approach. The primary data source was obtained from the 2016 animated film A Silent Voice by Naoko Yadama and secondary data sources from the internet, magazines, newspapers and books related to counter-bullying efforts from an Islamic education perspective. Data collection techniques using observation and documentation. The data analysis technique for this research uses the following steps: showing films, transferring scenes and dialogue in written form, analyzing content and methods, communicating with relevant books, integrating them with the theoretical framework used, and analyzing. Triangulation of this research data uses source triangulation. The research results show that efforts to counter bullying in the animated film A Silent Voice in general are to prevent bullying victims with coping strategies, and handle bullying cases through psychological intervention approaches. Meanwhile, efforts to counter bullying from an Islamic education perspective are using the example method, habit method, advice method, attention method, and punishment method.

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Introduction

According to Afriana, et al (2014) bullying is a form of offensive behavior which is manifested by disrespectful treatment and the use of force to influence other people physically, verbally and psychologically which involves an imbalance of power and is carried out repeatedly or has the potential to happen again. According to Voa Indonesia, the Federation of Indonesian Teachers' Unions (FSGI) has reported 16 cases of bullying in educational units between January and July 2023 and the majority occurred at the elementary school level with 4 cases (25 percent), junior high school with 4 cases (25 percent), and high schools with 3 cases (18.75 percent), and vocational high schools with 3

cases (18.75 percent), while at Islamic boarding schools and Islamic boarding schools there were 1 case each (6.25 percent).

On the other hand, the development of the digital world means that most people have independent access to the internet, computers and smartphones and can easily access uncontrolled choices of fictional films such as shows of violent action. And from research conducted by Banowo Emilianshah, Putra Dema Diki, and AKMRTV Jakarta (2019), it was concluded that violent behavior has nothing to do with aggressive behavior, but the government must nevertheless focus on the substance of the films shown so as not to direct the younger generation to carry out such behavior. which harms others, both physically and mentally.

In response to this, it can be seen that bullying behavior that occurs in educational units and the increasing phenomenon of films with violent themes which are very worrying must be addressed with appropriate methods, one of which is through an Islamic education perspective. In the Koran, bullying behavior is bad morals as proof that Islam does not tolerate all forms of bullying. This is shown in Q.S. Al-Hujurat verse 11:

يَا أَيُّهَا الَّذِينَ آمَنُوا لَا يَسْخَرْ قَوْمٌ مِّنْ قَوْمٍ عَسَىٰ أَن يَكُونُوا خَيْرًا مِّنْهُمْ وَلَا نِسَاءٌ مِّنْ نِّسَاءٍ عَسَىٰ أَن يَكُنَّ خَيْرًا مِّنْهُنَّ وَلَا تَلْمِزُوا أَنْفُسَكُمْ وَلَا تَنَابَزُوا بِالْأَلْقَابِ بِئْسَ الْإِسْمُ الْفُسُوقُ بَعْدَ الْإِيمَانِ وَمَن لَّمْ يَتُبْ فَأُولَٰئِكَ هُمُ الظَّالِمُونَ

Meaning: "O you who believe, don't let a group of men look down on another group, maybe the one being laughed at is better than them. And don't let a group of women look down on another group, maybe the one being humiliated is better. And don't like to criticize yourself and don't call yourself with names that contain ridicule. The worst call is (the call) that is bad after faith and whoever does not repent, then they are the wrongdoers."

The verse above explains the prohibition on mocking, criticizing and insulting other people for people who believe in the Koran. The reason people do this is because of their arrogance and forgetting that they have mistakes too, therefore we are advised to be polite, humble ourselves, and forgive other people's shortcomings.

There are several factors that cause bullying behavior, such as family, school, social environmental conditions, and peer group factors. For example, in a school environment, bullying behavior occurs due to a lack of school supervision regarding the existence of bullying, and a group of children are encouraged to carry out bullying because no one reminds them about the mistakes of bullying.

The impact of bullying is not only felt by the victims, the perpetrators of bullying also have a negative impact on themselves and their environment. The impacts for perpetrators of bullying include a lack of sympathy in social interactions and having a higher emotional level which results in aggression in adulthood. Meanwhile, the impacts for victims of bullying include experiencing physical and verbal violence which can be a long-lasting trauma for the victim.

In his research, Rahman (2019) explained that video media can be used to reduce the rate of bullying behavior. From this it can be seen that watching animated films such as A Silent Voice is one of the effective efforts to overcome bullying because it contains video therapy related to bullying behavior.

The animated film *A Silent Voice* is a film that addresses the issue of bullying, one of which is the phenomenon of bullying in schools. The animated film *A Silent Voice* tells the story of the life of an elementary school student named Ishida Shouya who used to bully his blind classmate named Nishimiya Shouko so that he was punished by the school and was always shunned and teased by his friends after the incident. The character Ishida Shouya then improves his morals by forming friendships with Nishimiya Shouko and other friends.

This animated film also depicts the friendship that eventually developed between Ishida Shouya, Shoko Nishimiya, and their former classmates after a bullying incident occurred. This film is able to convey the message that people who are victims and perpetrators of bullying can work together to fight and overcome bullying behavior in their environment.

In line with the perspective of Islamic education, efforts to combat bullying behavior can use several methods according to the Koran. Likewise, in psychological theory, bullying behavior can be overcome with various psychological intervention approaches with the aim of reducing and preventing bullying behavior, overcoming the psychological impacts that may be experienced by victims of bullying, and helping bullies understand and change their behavior. The aim of this research is to describe counter-bullying efforts and the perspective of Islamic education in counter-bullying efforts in the 2016 animated film *A Silent Voice* by Naoko Yadama.

Method

This research uses a content analysis approach. Content analysis is an analytical method for drawing conclusions and making decisions from various written and recorded documents by identifying messages or information systematically and objectively in their context. Descriptive content analysis is analysis that describes in detail a particular message or text. This type of research is library research, namely research by reviewing relevant books, articles, notes and reports about the problem at hand. This research method is qualitative research, namely a research method based on philosophy that is used to research the condition of natural objects, where the researcher acts as the main instrument, data collection methods are combined, data analysis is inductive/qualitative, and the results of qualitative research emphasize meaning, rather than generalizations. In this research, the object of research is the 2016 animated film *A Silent Voice* by Naoko Yadama. Data sources include primary and secondary data. Primary data is in the form of observations, while secondary data comes from documentation. Next, the data collection technique was carried out with a focus on counter-bullying efforts by the characters in the 2016 animated film *A Silent Voice* by Naoko Yadama. The data analysis technique was carried out with the following steps: playing the film, transferring scenes and dialogue in written form, analyzing the content and methods, communicate with relevant books, integrate them with the theoretical framework used, and analyze. The type of triangulation used is source triangulation.

Results and Discussion

Efforts to counter bullying in the 2016 animated film *A Silent Voice* by Naoko Yadama

In the animated film *A Silent Voice*, there is a bullying phenomenon which is caused by the imbalance effect of the characters and victims in the animated film *A Silent Voice* due to being affected by bullying. The impact of bullying behavior felt by the victim is

experiencing the risk of depression caused by bullying behavior due to the lack of school supervision regarding bullying cases.

This bullying case can be seen at minutes 05.37-15.21 during the scene where Shoya Ishida and Nauko Ueno commit acts of physical, verbal and relational bullying directly and indirectly against Shoko Nishimaya when they were in elementary school. This is influenced by the relationships between them and other people and the surrounding environment. The explanation is as follows:

- A. At minutes 10.15-10.27, 13.11-13.31, 14.10-14.30, 14.09-14.11 there were acts of physical bullying. Physical bullying takes the form of destroying the victim's belongings, throwing objects at the victim, and injuring someone's body due to a lack of implementation of school regulations regarding the prohibition of bullying and no one reminds them about the mistakes of bullying.
- B. At minutes 04.50-05.40, 07.30-07.31, 08.30-08.39, and 12.12-12.42 there were acts of verbal bullying. Verbal bullying takes the form of verbal insults, cruel criticism, insults, and spreading slander about other people.
- C. At minutes 11.40-11.43 there are acts of relational bullying. Verbal bullying takes the form of mocking attitudes, aggressive looks, and disapproving glances.

There are two counter-bullying efforts in the animated film *A Silent Voice*, namely counter-bullying efforts in general and from an Islamic education perspective.

The way to fight bullying in the animated film *A Silent Voice* in general is to try to prevent victims of bullying with coping strategies and handling bullying cases through a psychological intervention approach. The explanation is as follows:

- A. Efforts to prevent bullying victims use coping strategies to reduce the impact on bullying victims. This strategy can be seen at:
 1. Minutes 35.27-35.45, there are efforts to create a safe environment for victims of bullying.
 2. Minutes 01.08.50-01.09.27, there was an effort to find new friends and change the negative thoughts of bullying victims about themselves or their situation.
 3. In minutes 01.33.14-01.36.38, there was an effort to find fun activities for victims of bullying to help them focus on positive activities.
 4. In minutes 01.34.47-01.40.40, there was support from friends and family for victims of bullying.
 5. In minutes 01.38.37-01.40.40, there is someone who helps victims of bullying strengthen their mental health.
- B. Handling bullying cases can be seen in a person's attitude which helps reduce and prevent bullying behavior in the surrounding environment. The explanation is as follows:
 1. Individual therapy for victims of bullying. This therapy can be seen at:
 - a. Minutes 23.49 - 25.09 there is someone's efforts to improve the social skills of victims of bullying and build self-confidence.
 - b. Minutes 41.53-44.02 there is someone's attempt to help victims of bullying overcome stress and the effects of bullying behaviour
 - c. Minutes 01.44.03-01.44.33 there was someone's attempt to help victims of bullying rebuild the self-confidence that had been lost.
 2. Group therapy for victims of bullying. This therapy can be seen at:
 - a. Minutes 40.05-41.14 and minutes 01.10.15 - 01.12.00 there are efforts by someone to help victims of bullying meet other friends so that there will be an

- increase in social relations and connecting with other people who have experienced bullying.
- b. Minutes 53.18-56.48 there is someone's attempt to help victims of bullying meet other friends so they feel supported so they are helped in the psychological healing process
3. Mediation therapy between victims and perpetrators of bullying. This therapy can be seen at:
 - a. Minutes 19.06-20.16 and minutes 01.14.27 - 01.15.03 there are efforts by someone who tries to help reduce conflict, increase understanding between both parties and reach an agreement between the perpetrator and the victim of bullying,
 - b. Minutes 01.21.13 - 01.24.32 there was a discussion effort between the victim and the perpetrator of bullying to increase understanding between both parties so that a profitable agreement was reached.
 - c. Minutes 01.42.17-01.44.00 there was an effort by someone who tried to help reduce conflict and increase understanding between perpetrators and victims of bullying.
 - C. At 16.11-19.00 minutes there is prevention of bullying behavior by taking action in processing cases of bullying behavior based on unwritten rules in schools regarding bullying cases.

Efforts to counter bullying from an Islamic education perspective in the 2016 animated film A Silent Voice by Naoko Yadama

In the animated film A Silent Voice, there are efforts to counter bullying from an Islamic education perspective. Islamic education is the process of someone being guided based on the Koran, sunnah and ijthihad in order to understand the knowledge of Islam.

In Islamic education there is a science that discusses morals. Morals are rules that regulate human relationships with fellow humans, the universe and God in accordance with Islamic teachings so that Muslims can have good characteristics and behavior and avoid bad things. Morals are divided into two, namely good and bad morals. Both influence a person's behavior as a person who acts good or bad.

According to Islam, bullying behavior is an unjust act that hurts other people's feelings. Bullying behavior can be overcome with help from other people so that conflicts resulting from bullying are resolved. In the Koran, Al-Hujurat verse 11, it is stipulated that there is a prohibition on bullying behavior which is caused by arrogance and lack of self-introspection.

Counter efforts to bullying in the animated film A Silent Voice according to the perspective of Islamic education in the Koran are by using the example method, habit method, advice method, attention method, and punishment method. The explanation is as follows:

- A. The exemplary method is a person's method of educating by giving an example to others. This method is in accordance with the Koran, Surah Al-Ahzab verse 21, which contains the decree of the Prophet Muhammad to set an example of good morals that should be imitated by mankind. The explanation is as follows:
 1. At minutes 09.55-10.15 and 12.57-13.10, there are efforts by someone who tries to set an example for others by inviting them to be friends to end the bullying behavior they receive.
 2. At minutes 14.50-14.57, 46.40-47.10, and 01.16.10 -01.17.41 there is an attempt by someone who tries to set an example for others by apologizing for his actions which made him angry and liked to tease him.

3. At minutes 15.13-15.21 there is an attempt by someone to forgive the mistakes of other people who have carried out bullying behavior in verbal form.
4. In minutes 01.30.17-01.03.24 there is an attempt by someone who tries to set an example to others by apologizing for his wrong actions and making the former perpetrator of bullying traumatized by remembering his past.
5. In minutes 01.52.01 – 01.54.17 there are efforts by two people to set an example for each other by forgiving each other for their bad actions in the past so that the two of them form a friendship.

The exemplary actions above will make other people imitate these actions because they were modeled directly by someone. The exemplary method is influenced by good qualities in a person such as *al-'afw* (forgiving), *al-syaja'ah* (courageous), *sabr* (patience), *silaturrahmi* (connecting brotherhood), *al-islah* (peace), *as-shalihah* (inclined towards goodness), and *izzatun nafs* (strong soul). These good qualities are in accordance with the hadith of the Prophet Muhammad SAW, narrated by Tirmizi, that the goodness of a person's morals makes other people he encounters open-hearted.

- B. The habit method is a way for someone to change bad habits into good habits in a repeated process. The explanation is as follows:

1. At minutes 34.27-34.44 and 01.01.16- 01.02.46 there are efforts by a former bully to help other people who are victims of bullying.
2. In minutes 01.44.54 - 1.45.10 there is an attempt by someone who has hurt another person to visit and apologize to him.
3. In minutes 01.45.12 - 01.46.05 and 01.47.23–01.47.53 there is an attempt by someone who wants to repair other people's friendship ties which he has damaged due to his actions.

The above process of changing attitudes is in line with a person's own morals when he realizes his own mistakes and then does good things to resolve the problems caused by them.

- C. The advice method is a method of inviting people to the right path and things that are useful and keeping them away from danger. The explanation is as follows:

1. At minutes 08.35-08.37, 12.04-12.18, there is an attempt by someone to verbally reprimand other people for carrying out bullying acts.
2. At minutes 18.32-20.16, 01.46.07–01.46.33 and 01.46.42–01.47.21 there is an attempt by someone to invite another person to the right path after that person did something wrong and dangerous.
3. At minutes 48.22-48.29 there is an attempt by someone to reprimand another person for carrying out bullying in a relational form.

The advice method above is delivered from the deepest heart, as proof of the important role of other people in providing advice in the prevention and impact of bullying.

People who carry out wrong and dangerous behavior are influenced by the characteristics of *mazmumah* morals such as being selfish, cowardly, making fun, committing suicide, feeling unnecessary to others, and doing damage.. *Mazmumah* morals can harm other people and are not use conscience.

In the Koran, Surah Al-Hujurat verse 11, it is explained that Allah SWT forbids someone from making fun of, ridiculing and insulting other people because they do not see their own shortcomings and that person is encouraged to behave in a good manner, humble themselves, accept humility and forgive other people's shortcomings.

- D. The attention method is a method that someone uses to pay attention to understand other people in their life. The explanation is as follows:
1. At minutes 10.36-11.13 there is an attempt by someone to help someone with special needs to communicate with the people around him.
 2. At 14.25-14.35 minutes there is an attempt by someone to try to understand the condition of another person who is a victim of physical bullying behavior.
 3. In minutes 21.40-22.00 there are efforts by someone who tries to reduce the impact of bullying on other people, such as not trusting other people and preferring to be alone.
 4. At minutes 36.37-37.32 there is an attempt by someone who pays attention to other people who are affected by bullying to make friends.
 5. In minutes 1.24.32- 01.26.32 there is an effort by a family to pay attention to bullying victims in their own way to reduce the impact of bullying. As a family member, someone is obliged to remind them of kindness.
 6. In minutes 01.48.48-01.49.39 there are efforts by two people to pay attention to each other's condition as a result of the bullying incident by strengthening their relationship.
- The attitude of someone who pays attention to the mental problems of other people who are affected by bullying behavior can grow courage until they have a social spirit so they can interact and gather with other people. This attitude helps other people who are in difficult situations.
- E. The punishment method is a method of making children aware by giving them punishment. This method of punishment after other methods fail to change the bad deed and is in accordance with the verses of the Koran which explain that improving someone must be gradual from the lightest to the hardest. This method is found at minutes 16.11-18.32, there is an attempt by the school to punish a perpetrator of bullying.

Conclusion

In the animated film *A Silent Voice*, there is the phenomenon of bullying in physical, verbal and relational forms. This is caused by the effect of an imbalance in the power of the perpetrator and the victim of bullying. The effect of bullying behavior felt by the victim is that they bear the risk of depression caused by bullying behavior due to the lack of school supervision of bullying cases.

Efforts to counter bullying in the animated film *A Silent Voice* in general are a) trying to prevent victims of bullying with coping strategies. Coping strategies are a person's strategy to reduce the victim's burden due to bullying behavior so that it does not cause stress. b) handling bullying cases through a psychological intervention approach. Psychological intervention is a person's action to help reduce and prevent bullying behavior. Meanwhile, efforts to counter bullying in the animated film *A Silent Voice* according to an Islamic education perspective are using the example method, habitual method, advice method, attention method, and punishment method.

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